

# Building A Solid Foundation

→ Marriage & Relationship  
Preparation Courses

# 2005

## Building Our Future Together 2005

Venue	Date
Brisbane	Jan 15
Brisbane	Feb 5
Brisbane	Feb 19
Ipswich	Feb 26 ★
Brisbane	Mar 5
Cleveland	Mar 12 ■
Brisbane	Mar 20 ◆
Brisbane	Apr 9
Warwick	Apr 16 ●
Brisbane	Apr 30
Brisbane	May 7/8 ◆
Brisbane	May 14
Ipswich	May 28 ★
Brisbane	June 5 ◆
Brisbane	June 18
Brisbane	July 2
Brisbane	July 23
Brisbane	Aug 13
Ipswich	Aug 20 ★
Brisbane	Aug 27
Cleveland	Sept 3 ■
Brisbane	Sept 10
Brisbane	Sept 24/25 ◆
Brisbane	Oct 1
Warwick	Oct 8 ●
Brisbane	Oct 22
Brisbane	Nov 5
Brisbane	Nov 19
Ipswich	Nov 26 ★
Brisbane	Dec 3
Brisbane	Dec 11 ◆

## Creating New Beginnings 2005

Venue	Date
Brisbane	Feb 12/13 ▼
Brisbane	May 21/22 ▼
Brisbane	Aug 20/21 ▼
Brisbane	Nov 12/13 ▼

- ◆ Sunday program
- Warwick: St Mark's, Grafton Street, Warwick Q 4370
- ◆ Two half day program
- ▼ Creating New Beginnings runs on a Saturday & Sunday
- ★ Ipswich: St Paul's Anglican Church, 124 Brisbane Street, Ipswich 4305
- Cleveland: St Paul's, Cross Street, Cleveland Q 4163

The Building Our Future Together program is also run in conjunction with Centacare in Toowoomba. For information ring 4632 3604.

### Your Details

Name .....

Address .....

Postcode .....

Phone [H] ..... [W] .....

[M] .....

Email .....

### Partner's Details

Name .....

Address .....

Postcode .....

Phone [H] ..... [W] .....

[M] .....

Email .....

Has either partner been married before?

Yes  No

Does either partner have children?

Yes  No

Marriage date .....

Referred by .....

Kinections is a not-for-profit organisation that offers counselling and education programs. Kinections has been part of the South East Queensland Community for 30 years and employs professionally trained staff.

Many couples enter into marriage or committed relationships without exploring their relationship and identifying their individual goals and dreams.

Kinections offers commitment and pre-marital education that provides an arena for couples to explore their relationship and their expectations of each other.

Kinections runs three courses, FOCCUS, Creating New Beginnings and Building Our Future Together. All courses are confidential.

#### Creating New Beginnings

Creating New Beginnings is a group program specifically designed for couples where one or both partners have had either a previous marriage or significant relationship. It aims to strengthen the present relationship by encouraging couples to explore past influences and understand any differences in background and attitudes that couples may have.

This program will help you become more aware of yourself and your partner, and the expectations you have about the relationship.

#### Topics include

- Values
- Past influences
- Spirituality
- Sexuality
- Communication
- Roles/expectations
- Conflict management
- Finance

#### FOCCUS

Foccus is a private process that allows couples to explore their relationship using a questionnaire. It is a discussion process, not a counselling one. Topics covered are similar to those covered in the other programs.

The program involves:

- Multiple choice responses to non-threatening statements (one hour appointment)
- Feedback by facilitator and discussion of couple responses (two hour appointment)
- Raising questions and concerns to allow couples to further explore the potential of their relationship.

#### Building Our Future Together

##### Building Our Future Together

Building Our Future Together is an interactive group program for couples who are preparing for marriage or commitment.

- Become more aware of yourself, your partner, and your expectations
- Discuss topics in a relaxed and non-threatening atmosphere
- Hear from other couples in a small group
- Experience activities in a large group
- Build your relationship as you recognise influences from your past and understand differences in background and attitudes
- Develop skills of communication and conflict management

#### Some Topics discussed

- Values ... your way or mine?
- Money ... for better or for worse?
- Intimacy ... get closer .. mind, body, feeling
- Spirituality ... one spirit and commitment

#### Session Times

The full day Saturday and Sunday (BOFT) sessions run from 8.45am til 5.00pm.  
Please check all other times with Kinections.

#### Contact Details

**Address** 5 Reid Street  
Woolloongabba QLD 4102

**Phone** 07 3435 4343

**Facsimile** 07 3435 4399

**Email** edadmin@kinections.com.au

**Web** www.kinections.com.au

#### Course Registration Form

##### Registration

##### Tax Invoice

Please complete the registration form and return with payment to:

Kinections  
PO Box 8121  
Woolloongabba Qld 4102  
ABN 70 443 739 070

Please select your course [ see back for dates ]

Creating New Beginnings	\$110	<input type="radio"/>
FOCCUS and Creating New Beginnings	\$175	<input type="radio"/>
Building Our Future Together	\$110	<input type="radio"/>
FOCCUS and Building Our Future Together	\$175	<input type="radio"/>
FOCCUS	\$120	<input type="radio"/>

Course Date .....

Venue .....

Receipt Number .....

Tax Invoice provided when full payment received

Cheques payable to Kinections

Cancellation - non-refundable 20% of fee  
(increasing week before the course)

In case of hardship, a subsidy may be available.

**Special Needs:** If you have any special needs or requirements to enable you to attend our course please contact us on 3435 4343

**Kinections**  
Family Relationships & Community Services

an affiliate of  
**angicare**  
Anger Care